



# Student Meal Pricing:

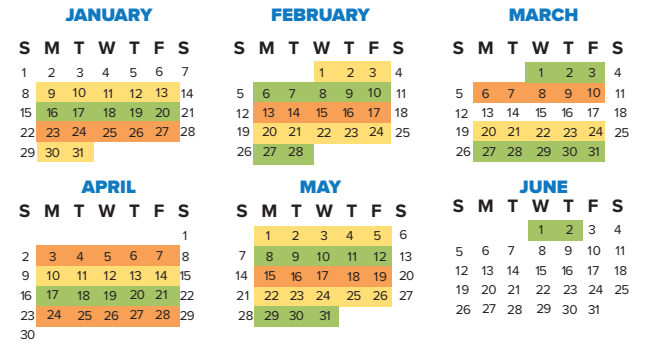
SPRING 2017

**Breakfast**  
FREE\*

**Paid Lunch**  
\$2.85\*

**Reduced Lunch**  
FREE\*

**Free Lunch**  
FREE\*



\*Depends on eligibility. Starting 2016-2017 families that qualify for reduced lunch will be FREE. If the student does not select a complete meal, fees may apply for breakfast or lunch even if you qualify for free or reduced eligibility. See complete details for a-la-carte meal pricing online at [www.idealpublicschools.org/parents/resources](http://www.idealpublicschools.org/parents/resources).

## Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	<ul style="list-style-type: none"> <li>★ Assorted Jamwich Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Turkey Sausage Biscuit</li> <li>★ Grape Jelly Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Kolache Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Yogurt Fruit Parfait and Granola Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Assorted Mini Pancakes Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>
<b>WEEK 2</b>	<ul style="list-style-type: none"> <li>★ Kolache Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Yogurt &amp; Graham Cracker Pack Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Sweet Potato Gingerbread Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Turkey Ham &amp; Cheese Croissant Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Strawberry Chia Bar Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>
<b>WEEK 3</b>	<ul style="list-style-type: none"> <li>★ Assorted Mini Pancakes Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Yogurt Fruit Parfait and Granola Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Turkey Ham &amp; Cheese Croissant Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Assorted Jamwich Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>	<ul style="list-style-type: none"> <li>★ Kolache Or</li> <li>★ Cereal &amp; Cracker Pack</li> </ul>

### Offered Daily

- ★ Fresh Fruit
- ★ 100% Fruit Juice
- ★ Fat-Free Milk
- ★ 1% Milk
- ★ Whole Grains

\*Menu is subject to change.

## Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	<ul style="list-style-type: none"> <li>★ Turkey Pepperoni Pizza</li> <li>★ Mandarin Salad</li> <li>★ Zucchini and Corn Medley</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Pasta and Turkey Meatballs</li> <li>★ Garlic Breadstick</li> <li>★ Italian Zucchini</li> <li>★ Garden Salad</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Beef Steak Fingers</li> <li>★ Dinner Roll</li> <li>★ Mashed Potatoes</li> <li>★ Seasoned Green Beans</li> <li>★ Ketchup</li> </ul>	<ul style="list-style-type: none"> <li>★ Oven Roasted Chicken</li> <li>★ Cilantro Lime Rice</li> <li>★ Lentil Soup</li> <li>★ Red Cabbage Salsa</li> </ul>	<ul style="list-style-type: none"> <li>★ Beef Steak Cheeseburger</li> <li>★ Sweet Potato Crinkles</li> <li>★ Spinach Deli Salad</li> <li>★ FF Mayo, Mustard, Ketchup</li> </ul>
<b>WEEK 2</b>	<ul style="list-style-type: none"> <li>★ Primo Pepperoni Pizza</li> <li>★ Steamed Corn</li> <li>★ Garden Salad</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Bistek Tacos</li> <li>★ Spanish Rice (9-12)</li> <li>★ Cilantro Relish</li> <li>★ Charro Beans</li> </ul>	<ul style="list-style-type: none"> <li>★ Grilled Cheese Sandwich</li> <li>★ Romaine &amp; Tomato Salad</li> <li>★ Tomato Basil Soup</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Turkey Lasagna Rollup</li> <li>★ Garlic Toast</li> <li>★ Italian Veggies Blend</li> <li>★ Garden Salad</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Clux Delux Chicken Filet Burger</li> <li>★ Sweet Potato Crinkles</li> <li>★ Romaine &amp; Tomato Deli Salad</li> <li>★ FF Mayo, Mustard, Ketchup</li> </ul>
<b>WEEK 3</b>	<ul style="list-style-type: none"> <li>★ Crispy Beef Tacos</li> <li>★ Cilantro Lime Rice (9-12)</li> <li>★ Romaine &amp; Tomato Salad</li> <li>★ Refried Beans</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ American Classic Ham &amp; Cheese Sandwich</li> <li>★ Fresh Baby Carrots</li> <li>★ Waved Chili Cucumber</li> <li>★ FF Mayo, Mustard</li> </ul>	<ul style="list-style-type: none"> <li>★ Golden Chicken Tenders</li> <li>★ Dinner Roll</li> <li>★ Mashed Potatoes</li> <li>★ Broccoli with Cheese</li> <li>★ Ketchup</li> </ul>	<ul style="list-style-type: none"> <li>★ Primo Pepperoni Pizza</li> <li>★ Mandarin Salad</li> <li>★ Celery &amp; Carrot Sticks</li> <li>★ FF Ranch Dressing</li> </ul>	<ul style="list-style-type: none"> <li>★ Grilled Chicken Filet Burger</li> <li>★ Sweet Potato Crinkles</li> <li>★ Spinach Deli Salad</li> <li>★ FF Mayo, Mustard, Ketchup</li> </ul>

### Offered Daily

- ★ Fresh Fruit
- ★ Fat-Free Milk
- ★ 1% Milk
- ★ Whole Grains

FF= Fat Free

\* Assorted Jamwich is available for lunch on select days